

Four-Year Gardens

Extension of the Course in Garden and Canning Club Work For Girls in the Southern States

To meet the demands of thousands of southern girls who have been successful in raising a tenth acre of tomatoes and who want to "go on," the representatives of the department and the state colleges in charge of the canning clubs in the fifteen Southern States have worked out what might be called a progressive, four year practical garden and canning course for girls. The purpose of this course is to start the girls with one crop and from year to year add new annual crops, encourage them to run winter and glass frame gardens, and, finally, in the course of their work to lead them to plant perennial small and orchard fruits. It is hoped that under this system the girls will gain knowledge of how to handle a wide variety of garden vegetables and trees, and that the member, by the time she gets ready to go to high school or college will have a garden of perennial fruits that can readily be cared for by other members of her family.

The first year of girls' club work throughout the Southern States consists in raising tomatoes in tenth acre gardens. It is believed by those in charge that every girl should first master this plant and learn how to utilize or sell its products before she takes up other vegetables and fruits. In sections where tomatoes suffer from blight and wilt, however, it is sometimes necessary to substitute another garden crop.

The second-year girls continue to grow tomatoes on one-half of their garden space and devote the other half of the space to one other crop, preferably beans, peas, peppers, okra, beets, or onions. The girls also are encouraged to start winter gardens in the late summer and fall on one-half of the tenth-acre plots. Lettuce, spinach, and kale are the crops recommended.

The third-year girls grow three crops, continuing the two that have been grown the second year and adding cucumbers, eggplant, fig tomatoes, salsify, parsnips, or horseradish. In each case those in charge of the work select the additional vegetables with reference to local demand and suitability for canning. Many garden combinations other than those suggested are possible. For instance, if the community is interested in canning soup mixtures and Creole sauce, they must secure from their gardens tomatoes, peppers, sections the girls are advised, when conditions are right, to substitute from 5 to 10 fruit trees for one of the vegetable crops. The member then becomes responsible for the pruning, spraying, and general care of these trees.

SOMETHING NEW

Auntie—Well Tommy, what have you learned in school today?
Tommy—How to whisper without moving the lips.—Chicago Herald.

Wonderful Pictures Now on Display

We have just received the handsomest example of printing art that has ever been seen at this office. A collection of pictures that will be admired by everyone, appealing to every lover of the beautiful and artistic. A bound volume of views chosen for their artistic value grouped geographically and harmoniously printed in four colors on special made India tint paper, size 8x11 inches, it is by far the most complete record of the beauties of the nations playground ever issued. There are delicate effects of rare beauty, much of it comparable to choice water color, its completeness making it a book of exceptional educational value. As a gift book it has wonderful charm, carrying an impression of the grandeur of the West which no words can adequately portray. It is a book for the library of which one may be proud. Commencing at the extreme southern border of the Pacific coast country among the picturesque wilds of the Colorado, you journey northward through reclaimed deserts along the trail of the pioneer, viewing, en route, the mission relics of earlier civilization. On into the orange country of southern California to the sunny shores of the Pacific. From here, an abrupt change lands you in the heart of the high Sierras among the giant redwoods. Traveling rugged mountain trails and roads, along frantic rivers, by roaring waterfalls, glimpsing here and there the highest snowcapped peaks, up over ridges down into deep dark canyons, dodging frequently chains of glistening mountain lakes and then just as you commence to feel that it is getting cold in this snowy region—presto—back into sunshine, fruit and flowers and the glories of the broad valleys sloping gently away from the sea. So realistic, so intense is the interest as you go from page to page covering thousands of miles of Nature's splendid work, surpassed nowhere in the world, that the last page finds you fairly worn out by the journey.

Goodrich Company Publishes Tire Dont's

Lists Important Things to Watch to Secure Greater Amount of Mileage

The B. F. Goodrich Company, of Akron, makers of Goodrich Black Tread Barefoot Tires is urging upon motorists that they give their tires more attention. The points to watch which follow, are applicable to all makes of tires.

Says the Goodrich Company: Don't overload your tires. A tire will give out sooner from overloading than from almost any other cause.

Don't underinflate. Underinflation and overloading account for fully 90 per cent of all tire trouble. Use a Goodrich Tire Caliper or a pressure gauge, and consult carefully the weight and inflation schedule given in our users net price.

Don't neglect small cuts. These will often extend farther than you think. Dirt and wet get in, the fabric rots and a blowout follows. Look over your tires from time to time, and use Goodrich plastic.

Don't run in ruts, car tracks or against curbing. The side walls of a tire are much thinner than the tread and will not stand this kind of usage.

Don't start or stop suddenly or skid around corners. The strain set up in your tires is terrific.

Don't run on a flat tire. Better run on the rim if only for a short distance.

Household Hints

Insist upon the washerwoman sprinkling the clothes with warm water. They will iron more easily and have a smoother finish.

Before washing lace collars, baste them closely on a piece of white cloth. They will not be stretched or torn. If no starch is put in them they will look like new.

Most housewives use the broom dish cloth, made of cord attached to a handle, which is vastly more convenient than the old method of immersing the arm to the elbows.

Hot water bottles, bags, cans and jugs should be turned or hung up side down when not in use; this will prevent them from rusting and wearing out.

If the house is infested with ants, dip a sponge into sweetened water and lay it where they can get it. They will soon cluster upon it and the sponge can then be dropped into hot water.

When meals must be kept warm, take a deep baking pan and half fill it with hot water, then put in it some covered bowls containing the various articles of food and put the pan in a moderately hot oven. The heated dinner will be fresh and hot as when first served.

Loaves of bread which have become stale can be made quite fresh by wrapping them in a cloth that has been dipped into hot water; leave this about the loaf for a minute, then remove and place the bread in an oven for a half an hour.

A DEMOCRAT

Judge D. P. Dyer tells the following:

At a recent examination of 151 men who wished to become citizens of the United States, he had asked one applicant the usual questions and had received satisfactory replies, although it was evident that the man had a hard time fathoming some of the questions. At last he asked:

"And now, do you belong to any society or organization inimical to the government of the United States?"

This was too much for the man, and he was silent. Judge Dyer explained the meaning and again asked the question. A gleam of understanding overspread the face of the man, and he replied:

"Yes, judge, I'm a Democrat."—St. Louis Globe Democrat.

\$2,000,000 WORTH OF MUNITIONS FROM U. S. NOW POUR INTO EUROPE DAILY

Washington, Feb. 17.—American-made munitions now pouring into Europe at the rate of nearly \$2,000,000 worth daily, with figures swelling rapidly as production increases. For a long time after war began shipments were negligible and not until the middle of 1915 did the millions of dollars worth of war materials contracted for begin to move in considerable quantities.

Estimates made at the department of commerce today to total munitions shipments since Europe began to purchase for the present war, close to a quarter of a billion dollars. At the rate shipments are going now, the next four months would see this total doubled even if production remained at a standstill, but production is declared to be growing faster now than at any time since American manufacturers began conversion of their plants into munitions factories.

A great part of the munitions output has been in the form of high explosive shells, more than \$100,000,000 worth of which have left American shores. Powder comes next with shipments estimated at nearly \$100,000,000 and small cartridges are third, with \$30,000,000. Firearms, including ordnance exports, are put at less than \$20,000,000 with small increases shown. The heaviest month's firearms shipments was in January, 1915, when more than \$2,000,000 worth went to Europe.

NOT THE ONLY ONE

Bess—You interest me strangely. Jack, as no other man ever has.
Jack—You sprung that on me last night.

Bess—Oh, was it you?—Judge.

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little stomach, liver and bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently moves out of its little bowels without griping, and you have a well, playful child again. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.



FAIR AND SQUARE

OUR excellent business continued to thrive because every order repeats itself. It's a rather comfortable arrangement for a housewife to be able to depend upon a grocery shop that sells only the best of foods and serves her faithfully well at all times.

The Economy Supply Co.

CHOICE GROCERIES DRY GOODS, SHOES, ETC.

Logan, Utah. Weston and Preston, Idaho

Needful Knowledge

Logan People Should Learn to Detect the Approach of Kidney Disease

The symptoms of kidney trouble are many. Disordered kidneys often excrete a thick cloudy, offensive urine, full of sediment, irregular of passage or attended by a sensation of scalding. The back may ache, headaches and dizzy spells may occur and the victim is often weighted down by a feeling of languor and fatigue. Neglect these warnings and there is danger. Delay often proves fatal.

You can use no better endorsed kidney remedy than Doan's Kidney Pills. Here's Logan proof of their merit:

Mrs. Ann L. Cowley, 70 North Fifth West street, Logan, says: "I know that Doan's Kidney Pills are a good medicine and will say that people can place entire confidence in them. I have seen what Doan's Kidney Pills will do right in my family. You may send anyone to me for confirmation of this statement."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Cowley recommends. Foster-Milburn Co., Props., Buffalo, N. Y.—Adv.

NOW FEELS ENTIRELY WELL

A. H. Francis, Zenith, Kas., writes "I had a severe pain in my back and could hardly move. I took about two thirds of a 50c box of Foley Kidney Pills and now feel entirely well." Middle aged and older men and women find these safe pills relieve sleep disturbing bladder ailments. Sold everywhere.—Adv.

Wesley Jacques Barber Shop

Is now open for business in the basement of Arimo Block. Haircutting 25 cents. First class work guaranteed

We are Fully Equipt To

Supply your every want in

Granite and Marble Headstones AND MONUMENTS

See Our Large Display

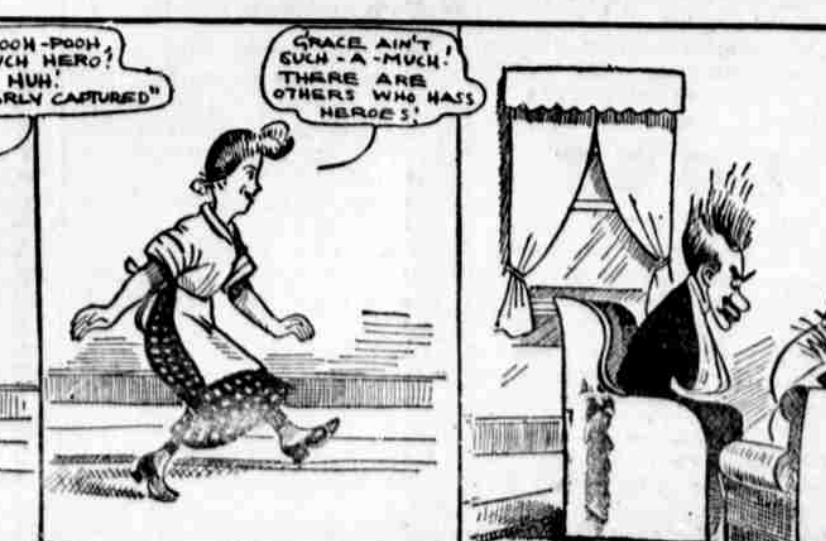
Logan Stone and Monument Co.

Corner First East and First South Logan, Utah

DOINGS OF THE VAN LOONS



DOINGS OF THE VAN LOONS



Of course, even heroes can be nervous

Grace has no monopoly on heroes